

Sunday July 12, 2009

A USAC MTB & TBRA Event

# Big South Fork XC Mountain Bike Race

**Hosted By:** Fiveman Productions/SCO/AMBA

**Course Description:** Big South Fork trails are primarily single track with plenty of roots, rocks, and hills. The race will start on a mile of gravel allowing riders to spread out and then turn onto about 9 miles of single track with a short stretch of gravel road each loop.

**Contact:** Jay Nevans, jay@fiveman.com, 865-300-6722

Cross Country Race Schedule

Free short race for kids at 8:30 a.m.

## Cross County Race Schedule

| Race  | Cat.                               | Age   | Time     | Prizes | Laps | Distance (Miles) |
|---|------------------------------------|---|----------|--------|------|------------------|
| 1*  | Cat 3 Men (Beginner)               | 19-29   | 1:30 PM  | 3      | 1    | 10               |
| 2*  | Cat 3 Men 15-18* (Beginner)        | 15-16**<br>17-18**                            | 1:32 PM  | 3      | 1    | 10               |
| 3*  | Cat 3 Men (Beginner)               | 30-39   | 1:34 PM  | 3      | 1    | 10               |
| 4*  | Cat 3 Men (Beginner)               | 40-99   | 1:38 PM  | 3      | 1    | 10               |
| 5*  | Junior Men 14 & Under * (Beginner) | 10 & Under**<br>11-12**<br>13-14**            | 1:40 PM  | 3      | 1    | 10               |
| 6*  | Cat 3 Women (Beginner)             | 19-99   | 1:42 PM  | 3      | 1    | 10               |
| 7   | Junior Women 10-18 (Beginner)      | 10 & Under**<br>11-12**<br>13-14**<br>15-18** | 1:42 PM  | 3      | 1    | 10               |
| <i>Awards: Trophies (Medals for Jr. Olympic Categories)</i>                         |                                    |   |          |        |      |                  |
| 8*  | Single Speed                       | 19+   | 11:30 AM | 3      | 2    | 20               |
| 9*  | Cat 2 Men* (Sport)                 | 19-29   | 11:32 AM | 3      | 2    | 20               |
|   | Cat 2 Men 15-16**                  | 15-16   |          | 3      |      |                  |
|   | Cat 2 Men 17-18**                  | 17-18   |          | 3      |      |                  |
| 10*   | Cat 2 Men (Sport)                  | 30-39   | 11:34 AM | 3      | 2    | 20               |
| 11*   | Cat 2 Men (Sport)                  | 40-49   | 11:36 AM | 3      | 2    | 20               |
| 12*   | Cat 1-2 Men (Sport/Expert)         | 50-99   | 11:38 AM | 3      | 2    | 20               |
| 13*   | Clydesdale (200+ lb.)              |   | 11:38 AM | 3      | 2    | 20               |
| 14*   | Cat 2 Women* (Sport)               | 15-18**<br>19-29<br>30+                       | 11:40 AM | 3<br>3 | 2    | 20               |
| <b>Awards: Merchandise (Medals for Jr. Olympic Categories)</b>                      |                                    |   |          |        |      |                  |
| 15*   | Pro & Cat 1 Open                   | 0-99  | 8:30 AM  | 3-10   | 3    | 30               |
| 16*   | Cat 1 Men (Expert)                 | 19-29   | 8:30 AM  | 3-10   | 3    | 30               |
| 17*   | Cat 1 Men (Expert)                 | 30-39   | 8:32 AM  | 3-10   | 3    | 30               |
| 18*   | Cat 1 Men (Expert)                 | 40-49   | 8:34 AM  | 3-10   | 3    | 30               |
| 19*   | Cat 1 Men 15-18* (Expert)          | 15-16**<br>17-18**                            | 8:36 AM  | 3-10   | 3    | 30               |
| 20*   | Pro and Cat 1 Women* (Expert)      | 15-18**<br>19-99                              | 8:36 AM  | 3-10   | 3    | 30               |
| <b>Awards: 100% Payback less race overhead, \$4 TBRA and USAC fees (Medals Jr.)</b> |                                    |   |          |        |      |                  |

\* Denotes a TORBAR points category.

\*\* Denotes Junior Olympic MTB Series division.

## Registration / Entry Fees:

|                             | Pre-Registration | Pre-Registration<br>w/out current<br>USAC-MTB<br>annual license | Race day Registration | Race day Registration<br>w/out current<br>USAC-MTB<br>annual license |
|-----------------------------|------------------|---|-----------------------|--|
| Under 19 (Juniors)          | \$20             | \$30  | \$35                  | \$40   |
| Cat 3 (1-Lap Races)         | \$25             | \$35  | \$40                  | \$45   |
| Cat 1 & 2 (2 & 3-Lap Races) | \$30             | \$40  | \$45                  | \$50   |

PRE-REGISTRATION is available via EdgeReg closing on Thursday, 7/9/2009 at 11:59p.m.

Pre-registered racers will get a fast track check-in on race day. Pre-registration and check-in are available on Saturday, 7/12/2009, 1:00 - 5:00 p.m. at the race start. All riders will be required to sign a USACycling release. USAC-MTB ANNUAL LICENSE REQUIRED FOR EXPERTS AND RANKINGS. Annual Licenses are \$60 (\$30 for Juniors) and can be purchased at the race site, but historically this takes up to six weeks for the card to be received back. Online purchasing is much quicker. Also, to include this race in your USAC-MTB ranking, an annual license must be purchased prior to race day. We highly recommend pre-purchasing a license at [www.usacycling.org](http://www.usacycling.org).

The race director reserves the right to combine classes (classes with less than five riders may be incorporated into other classes). HELMETS REQUIRED.

Camping available at race start.

### Directions

West bound 1-40 exit the Jamestown-Crossville Exit onto U.S. 127. Take U.S. 127 north 36 miles into Jamestown. Two miles north of Jamestown, take Highway 154 north to the intersection of Highway 297. Follow 297 east approximately 12 miles to the Big South Fork Visitor Center and Campground.

East bound 1-40 exit either the Monterey-Livingston Exit (300-A) or the Jamestown Crossville Exit (301), onto State Highway 62. Take Highway 62 east for 16 miles to U.S. 127 to Clarkrange, turn left and follow U.S. 127 north 18 miles into Jamestown. Travelers may take 127 through Jamestown or use the new Hwy 127 by-pass. Two miles north of Jamestown take Highway 154 north to the intersection of Highway 297. Follow 297 east approximately 12 miles to the Big South Fork Visitor Center and Campground.

North bound 1-75 exit at Highway 63, the Oneida-Huntsville Exit (141). Follow Highway 63 west for 21 miles through Huntsville to U.S. 27. Turn right on U.S. 27 and drive north 7 miles to Oneida. At the first traffic light, turn left on Highway 297 west and follow 297 approximately 15 miles to reach the Bandy Creek Visitor Center and Campground.

To reach the Stearns Depot Visitor Center in Kentucky, continue north on U.S. 27 through Oneida to KY 92W. Turn left at the traffic light and drive for 1 mile, after crossing the bridge turn right and follow the signs to the Stearns Depot Visitor Center. To reach Blue Heron Campground, turn off U.S. 27 and drive west on KY 92W, travel for approx. 1.3 miles, then bear left onto highway 1651. Travel about a one mile then turn right onto KY 742. From 742 follow the brown park signs to the Blue Heron Campground, Bear Creek Horse Camp, the river gorge overlooks, or the Blue Heron Coal Mining Community.

South bound 1-75 exit Highway 461 at Mt. Vernon (Exit 62) and take 461 south for 19 miles to Highway 80 and take Highway 80 west into Somerset, Kentucky to the Highway 914 by-pass. Follow 914 for 6 miles to U.S. 27. Follow 27 south approximately 25 miles to KY 92W for the Stearns Depot Visitor Center. To reach Bandy Creek, continue on Highway 27 about 15 miles into Oneida, Tennessee. In Oneida, take 297 west and follow signs to the Bandy Creek Visitor Center (approximately 15 miles from Oneida).

Please Note: When driving HWY 297 through the Big South Fork River gorge, you will encounter steep grades (up to 13%) and sharp hair-pin curves. Drive slowly, use a low gear and check turns before you enter them. Similar steep road conditions also exist when driving into Blue Heron on Hwy 741.